



**Pressure Cooker Cookbook: 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers (Pressure Cooker Recipes, Pressure Cooker Book 3)**

*Vanessa Olsen*

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**Imagine a world where the healthiest meals to make were also the quickest and easiest meals to make... a world where you never had to resort to ordering in pizza after a long day... and a world where you looked and felt better than ever before – effortlessly.**

**If this world sounds too good to be true, the world of pressure cooking will absolutely blow your mind. Let's get you started, shall we?**

## **Introducing Pressure Cooker Cookbook - 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers**

Pressure cooking has been changing the lives of people stuck in unhealthy cooking ruts for ages, but finding the proper information needed to get started has always seemed few and far between. And so, I decided to take matters into my own hands to give the general public the low-down on pressure cooking, from its past to the delicious recipes the lifestyle offers. I currently have two pressure cooking cookbooks on the market, but thought I'd make the experience even more convenient by putting them together as an economical 2 in 1 box set.

In our fast paced world, it's seemingly impossible to be able to keep up with a healthy diet and lifestyle. The pressure cooker, however, is the secret to being able to do it all. I don't want your health and well-being to fall victim to a busy office job or looking after the kids. With a pressure cooker, you can turn the cheapest, gangliest cuts of meat into tender, juicy masterpieces with laziness you wouldn't believe. Dishes loaded with healthy grains, fruit, and veggies can be thrown together within minutes, as the pressure cooker does all of the hard work for you.

This first book in this box set, *Pressure Cooker Cookbook – 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals*, delivers all the content necessary for beginner success. Throughout the pages you will learn all about...

- Choosing between an electric pressure cooker or stove top pressure cooker
- The life changing health benefits you can expect to experience
- Safe use of a pressure cooker
- Converting slow cooker recipes for use in a pressure cooker

And as the title promises, the book also contains a pressure cooking cookbook with 100 mouthwatering recipes for breakfast, lunch, dinner, side dishes, snacks, and desserts!

The second book in this box set, *Electric Pressure Cooker Cookbook – 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Electric Pressure Cookers*, is filled with content which will help you further transition into the pressure cooking way of life. The pages are filled with content which will tell you all about...

- How pressure cooking began
- Advantages electric pressure cookers have to stove top pressure cookers
- Choosing an electric pressure cooker that will suit your needs
- How to clean and properly care for your electric pressure cooker

And of course, you'll also have access to 100 more delicious recipes that will impress your friends and family with minimal time and effort. And if it's a stove top pressure cooker that you own, I've included information on how to easily convert electric pressure cooker recipes into stove top pressure cooker recipes at no extra cost.

Rest assured, if you have joined the vegetarian or gluten free way of life, you'll find loads of awesome recipes throughout both of these cookbooks to suit your needs. I've actually dedicated an entire section to vegan pressure cooking in the first book, as the need to protect the animals and environment is becoming more and more prominent in our world.

Thank you for granting me the opportunity to bring a more laidback yet healthy attitude into the life of you and your family. I wish you luck on your pressure cooking journey!

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#### **Connie Simpson:**

What do you concerning book? It is not important to you? Or just adding material when you really need something to explain what yours problem? How about your spare time? Or are you busy man or woman? If you don't have spare time to perform others business, it is make one feel bored faster. And you have free time? What did you do? Every person has many questions above. They must answer that question simply because just their can do which. It said that about guide. Book is familiar in each person. Yes, it is appropriate. Because start from on guardería until university need this particular Pressure Cooker Cookbook: 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers (Pressure Cooker Recipes, Pressure Cooker Book 3) to read.

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#### **Margaret Hall:**

The knowledge that you get from Pressure Cooker Cookbook: 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers (Pressure Cooker Recipes, Pressure Cooker Book 3) is a more deep you excavating the information that hide within the words the more you get considering reading it. It does not mean that this book is hard to understand but Pressure Cooker Cookbook: 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers (Pressure Cooker Recipes, Pressure Cooker Book 3) giving you enjoyment feeling of reading. The copy writer conveys their point in specific way that can be understood by simply anyone who read that because the author of this book is well-known enough. This particular book also makes your vocabulary increase well. So it is easy to understand then can go along, both in printed or e-book style are available. We advise you for having this particular Pressure Cooker Cookbook: 2 in 1 Box Set - 200 Mouth-Watering and Healthy Pressure Cooker Recipes for Stove Top and Electric Pressure Cookers (Pressure Cooker Recipes, Pressure Cooker Book 3) instantly.

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