



God's Purpose for You (First Place 4 Health Bible Study Series)

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Most people want to know how to improve themselves and their lives, but there are thousands of voices sending different messages about how to live life to the fullest. How can anyone cut through the noise of competing messages to find out the truth? In God's Purpose For You, First Place 4 Health participants will discover and evaluate the qualities and behaviors that produce growth—and ultimately, success—in their lives. Full and abundant life begins with seeking God's dream for their lives. Having discovered His plan and purpose, readers will be challenged to commit to it, put on God's armor and use the keys He gives them in His Word to develop clear thinking and to stay on the right path. All-new and easy to use, each First Place 4 Health Bible study contains 12 weeks of daily study to help members put Christ in first place. Based on proven techniques and 25 years of experience, First Place 4 Health is the most complete Christ-centered healthy living program available, and it has helped thousands of members create balance in the four core areas of their lives: emotional, spiritual, mental and physical. The results? Weight loss and total health from the inside out!

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