



Musculoskeletal Interventions 3/E

Barbara Hoogenboom, Michael Voight, William Prentice

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The definitive guide to designing and implementing evidence-based rehabilitation programs using therapeutic exercise -- updated in full color

Musculoskeletal Interventions, 3rd Edition, is a comprehensive guide to the system considerations, design, implementation, and progression of rehabilitation programs for musculoskeletal injuries and dysfunction. Encompassing many aspects of musculoskeletal rehabilitation, with contributions from many renowned authors, it focuses on the practical application of theory in a clinical setting, making it valuable to both students and experienced physical therapists. *Musculoskeletal Interventions* features an easy-to-follow body region and functional approach to intervention strategies and is logically divided into five sections:

Foundations of the Rehabilitation Process

- Addresses the important considerations in designing a rehabilitation program for the patient with a musculoskeletal injury
- Provides a guide-based overview of the rehabilitation process as well as an introduction to Clinical Reasoning and Algorithmic Thinking in rehabilitation

Treating Physiologic Impairments During Rehabilitation

- Presents information on various physical impairments that may need to be addressed as part of the rehabilitation process

The Tools of Rehabilitation

- Provides an overview of important rehabilitation tools and strategies
- Delivers detailed coverage of how these interventions should be incorporated into a rehabilitation program to achieve the individualized treatment goals for patients with musculoskeletal pathologies

Intervention Strategies for Specific Injuries

- Covers specific rehabilitation techniques and interventions applied to the treatment of a wide variety of regional musculoskeletal injuries, dysfunctions, and post-operative conditions

Special Consideration for Specific Patient Populations

- Discusses treatment considerations for specific patient populations, such as the geriatric patient, pediatric patient, and physically active female

This edition is enhanced by a new full-color presentation, as well as the inclusion of valuable learning aids, such as clinical pearls, protocol grids, algorithms, learning objectives at the beginning of each chapter, and end-of-chapter treatment guidelines and references.

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