



Divine Delight: A Spiritual Healing Journey through Consciousness, Ayurveda and Yoga

Geeta Priyadarshni Arora

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Divine Delight: A Spiritual Healing Journey through Consciousness, Ayurveda and Yoga Geeta Priyadarshni Arora

Geeta shares her astonishing journey through consciousness after the powerful grace of Divinity healed her body, mind and spirit. Geeta experienced a divine healing, crossing over into the spiritual realm while being guided by her spiritual Guru, Sai Baba. Geeta believed it was time to leave her body, but ultimately her spirit rejoined its earthly habitation after receiving and experiencing her life's message with a vision and a soul purpose. At twenty-seven, doctors told Geeta Arora that her sudden multiple autoimmune disorders and Hodgkin's Disease with Lymphoma meant she had only a matter of two to six months to live. Refusing chemotherapy and other conventional treatments, Geeta turned to Ayurvedic medicine as her last hope. Immediately after she received Ayurvedic therapies, in only three weeks of hot oil massages, steam, herbal remedies, and a nourishing diet of wholesome foods chosen to help her body restore its immune system, Geeta found that she was free from disease with an ability to heal. By sharing her personal experiences in Divine Delight, Geeta opens readers' eyes to the illusions that separate humanity from the essence of who we are by conversations about the missing pieces between mind, body, heart and the higher self with Ayurveda and Yoga.

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