



A Year Without Food: Discover the unimaginable world of proven energetic nourishment

Mr Ray Maor

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After years of spiritual development and in search for a higher understanding of our path, Ray Maor decided to take the ultimate consciousness leap and pass through a Breatharian initiation process that has completely transformed his life. As a Breatharian he sought to share his deep experience in order to promote the human understanding about the spiritual -mental connection to our physical body and our ability to transcend above our standard abilities. Therefor Ray volunteered to be tested in a television medical experiment done on an investigative reporting show. In the show he went eight days without food or water and was blood & medically tested daily to prove that as a Breatharian, his blood work will not change and his physical state will not be altered. In the book Ray Maor gives us his personal exposure story and shares information that he has investigated and collected about the energy of Prana and the multiple benefits of the Breatharian lifestyle along with some life changing tips.

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