



The Best of Clean Eating 3: More than 200 Easy, Slimming Recipes that Don't Skimp on Flavor

Editors of Clean Eating magazine

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The third installment in the popular Clean Eating cookbook series, The Best of Clean Eating 3 is loaded with all of the top-rated family favorites, comforting classics and exotic offerings you've come to expect from Clean Eating magazine. With 20 brand-new recipes, an array of time- and money-saving tips, gorgeous food photography and accommodations for various dietary restrictions (vegetarian, gluten free, etc.), this essential collection contains everything you need to improve your life one meal at a time!

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