



Strengthening Emotional Ties through Parent-Child-Dyad Art Therapy: Interventions with Infants and Preschoolers

Lucille Proulx

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Parent-child-dyad art therapy, in which parent and child share the production of an artwork, is a new and innovative branch of art therapy. Aiming to reinforce or reestablish bonds between children and parents, it provides a space where parents' early unresolved conflicts and children's developmental abilities can be expressed.

In this book, Lucille Proulx explores many aspects of dyad art therapy including attachment relationship theories, the roles of parents and art therapists in dyad interventions, the importance of the tactile experience and ways in which dyad art therapy could be used to treat other age groups. This original book, with illustrated material from the author's extensive experience, will be an invaluable read for mental health professionals in prevention and early childhood fields and also for any parents wishing to enrich their interactions with their children.

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