



Why Don't They Just Quit?

Joe Herzanek

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New! Revised/2010 updated Edition (*contains valuable new insights, resource info and first-person accounts from parents who have struggled and won!*)

Real-life solutions to help you now! Watching a loved one immersed in an intense battle with alcohol and drug abuse may be the most difficult, complex and harrowing experience you'll ever have. This book offers a message of hope to families and friends, giving practical solutions so they can help anyone struggling with addiction to begin the road to recovery.

You will learn: Why a person doesn't have to hit rock-bottom before getting help. (page 111)

When helping is actually hurting. (page 57)

Why quitting is not the same as recovering. (page 5)

How to deal with a relapse. (page 187)

How to receive 50 percent or more off the cost of treatment. (page 97)

Why a parent would leave their child due to their addiction. (page 245)

Why effective intervention doesn't have to be a surprise attack. (page 49)

Answers to over 30 common, and not so common questions.

Inspiring first-hand recovery stories from real people!

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