



# Living with Multiple Sclerosis: A Handbook for Families

*Robert Shuman M.D., Janice Schwartz M.D., Robert J. Slater M.D.*

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**Living with Multiple Sclerosis: A Handbook for Families** Robert Shuman M.D., Janice Schwartz M.D., Robert J. Slater M.D.

This is a sensitive, supportive handbook for people with Multiple Sclerosis and their families. In reassuring terms it addresses the problems that families must face together and provides advice on how to alleviate the psychological pressures of the illness; confront economic, career, and sexual issues; and handle periods of remission that offset episodes of ill health.

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