



Sufriendo a Solas. Un Estudio de Depresión Estudiantil (Spanish Edition)

Jorge Ernesto Name Ríos

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Tesis (Bachelor) del año 2014 en el tema Pedagogía - Psicología pedagógica, Idioma: Español, Resumen:
Esta investigación busca conocer si la introversión es un factor que influye en la depresión del adolescente del primer y segundo año de preparatoria. Conocemos que hay una variedad de personalidades y que cada una responde a su entorno de una manera distinta. Cabe resaltar que estas diferentes personalidades se presentan en una variedad de formas conductuales; las cuales se analizarán en la presente investigación. Dado que la inhibición y excitación del sistema nervioso es un factor en el comportamiento del individuo, si encontramos un vínculo entre la introversión y depresión sabremos con seguridad que estos alumnos son más propensos a depresión. La extroversión e introversión juegan un papel importante en el comportamiento de los alumnos, su influencia en los grupos sociales que eligen, decisiones que toman y habilidades que puede tener. Al conocer la personalidad del alumno, el orientador o maestro implementará mejores estrategias para su enseñanza. Aunque la extroversión e introversión son esenciales para determinar la personalidad, otro factor importante que se logra explicar con los resultados del presente estudio, es el neuroticismo, debido a que propiciará que algunas personalidades sean más propensas a trastornos mentales que otras.

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