



Am I Zen Yet?: ...and other random thoughts

Dee Ernst

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Andy Williams. Yoga. Twitter. Costco.

What do these things have in common?

Well, at one time or another, I blogged something about each of them. As a writer, you are often told to write what you know. This should tell you a lot about how glamorous and exciting this writer's life is.

I've put together a number of short essays on these and other fascinating subjects, most of them previously published on one of my blogs, and am offering them as a collection. Most of them are funny. Some of them are not. Hurricane Sandy, for example, was tough to laugh about after the fourth day of no heat. Football, on the other hand, can be a laugh riot, especially if you happen to be watching with my husband and brother-in-law down in the ManCave.

These are all short pieces, which is why this is a short book, but it's the kind of thing you can enjoy waiting on line at the DMV. Or waiting for your kid to get out of basketball practice. Or any other time or place where you need something to make you smile, but not necessarily think too much.

That's the kind of writing I do.

You're welcome.

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